



CHURCH COMMUNICATION NETWORK
THURSDAY, JANUARY 31, 2008

Lose It For Life: What I Eat and What's Eating Me

Small Group Training

Featuring

Stephen Arterburn

*Founder and chairman, New Life Ministries
Author, Lose It for Life and Healing is a Choice*

Submit questions to CCN's presenters via:

Fax: 650-745-0660

Email: questions@ccnonline.net

Visit CCN on the web at: www.ccn.tv

What You're Eating and What's Eating You

Introduction

What You're Eating Review

The Good

The Bad

The Ugly

What's Eating You

Disappointment

Dissatisfaction

Disapproval

Disaster

Disbelief

Discomfort

Disconnection

Distance

Discontentment

Discord

Discouragement

Disease

Disorder

Conclusion: Forks in the Road

Resources

Lose It for Life
by Stephen Arterburn
www.newlife.com

***Lose It For Life* online resources**
www.ccnonline.net/ccn/LIFL.htm

New Life Ministries
www.newlife.com

Healing Is a Choice
by Stephen Arterburn
www.newlife.com



NewLife Ministries

www.newlife.com

Contact Information

Stephen Arterburn
New Life Ministries
P.O. Box 1018
Laguna Beach, CA 92652
Phone: 800-NEW-LIFE
Web: www.newlife.com

Church Communication Network
PO Box 1718
Mt. View, CA 94042
Phone: 800-321-6781
Fax: 650-745-0660
Email: ccninfo@ccnonline.net
Web: www.ccn.tv

Submit questions to CCN's presenters via:
Fax: 650-745-0660 **Email:** questions@ccnonline.net
Visit CCN on the web at: www.ccn.tv