



CCN ULTIMATE LEADERSHIP SERIES
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Ultimate Leadership:

The Fears that Limit Leaders

Featuring
Dr. Henry Cloud
Psychologist

Author, Integrity: The Courage to Meet the Demands of Reality

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I. Introduction

It's hard to admit that you have fears

Fear in itself isn't a bad thing

Is your fear working for you or against you?

II. Describing fear

Fear makes me move to some sort of action

- Fight
- Flight
- Joining

What causes me to feel I need to take action? What doesn't?

Why we need to look at fear

- Gap between reality and "ought"
- Obstacles that are past what I can handle or makes me regress
- When I blow it all up

III. Good things to fear as a leader

1. Being disconnected from yourself

Disconnected leaders develop lusts

- Power
- Recognition
- Something of the flesh
- Substance abuse, etc

From your true gifts and passions

¹⁸They are...separated from the life of God because of the ignorance that is in them due to the hardening of their hearts. ¹⁹Having lost all sensitivity, they have given themselves over to sensuality so as to indulge in every kind of impurity, with a continual lust for more.
—Ephesians 4:18-19

¹...offer your bodies as living sacrifice ²Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will. ³...Do not think of yourself more highly than you ought, but rather think of yourself with sober judgment....
—Romans 12

2. Being unaware what others are saying or seeing about you

Leaders who do well use that feedback

Leaders who don't use it are either bullheaded or afraid

Check in: see if you've helped lately—or hurt

3. Being disconnected from the hearts of the people you lead

Listen to their problems

The human heart seeks to be known

4. Personal isolation

When isolation isn't a replenishing experience but an escape

5. Leading or performing in a way that isn't sustainable

Leading should be tiring but motivating

Otherwise, you go into overdrive—damage will follow

If you fear this, you'll move to set limits

6. Personal and organizational infrastructure deficits

If the pace is increasing but the support isn't there, that's a train wreck coming

7. Being defensive

This means we've lost power and lost functioning

8. God

We are supposed to live life fearing God in a protective way

IV. Bad things to fear

1. Not looking good

Leaders do make mistakes

People are forgiving of those who take ownership

Woe to you when all men speak well of you, for that is how their fathers treated the false prophets.
—Luke 6:26

2. Seeing your faults and weaknesses

Don't be defensive: be hungry for the criticism/feedback

Psalms and Proverbs speak to this

3. Other people getting credit

Leaders need to be able to release people to achieve

4. Giving others freedom equal to responsibility equal to accountability


Micromanagement drives good performers crazy

5. Problems

Embrace negative realities

“No problems, no profit”

Resources



ULTIMATE LEADERSHIP

A ONE WEEK
INTENSIVE WORKSHOP
WITH
DR. HENRY CLOUD AND
DR. JOHN TOWNSEND

800-676-4673
www.cloudtownsend.com

I found the Ultimate experience to be one of the greatest life changing experiences of my life. I have been to two other growth experience workshops, but found this one to be the most helpful and complete. It touched all parts of my life. Henry and John are doing a great job in demonstrating how our entire emotional and spiritual lives are built on Christ's teachings.

—John Schock: CEO, Financial Management Solutions (Pasadena, MD)

The invaluable incorporation of resources, teaching, sharing, processing, and the quality of all those committed to bringing forth wealth and treasure in us was priceless. I shall always remember that week as a major "turning point", a time where my perceptions of life, myself, and my work were forever changed.

—Patty: Real Estate Broker and Architect (Tustin, CA)

Since going to the Ultimate Leadership workshop, I now realize that getting connected with someone is a kind OF soul fuel that raises me up to another level—which positions me to better solve life's problems.

—Pastor John Sherk (Middlebury, IN)

- Many more testimonies at www.cloudtownsend.com -

Integrity: The Courage to Meet the Demands of Reality

by Dr. Henry Cloud

www.cloudtownsend.com

The Secret Things of God: Unlocking the Treasures that are Reserved for You

By Dr. Henry Cloud

www.amazon.com

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