

# Pastor to Pastor®: THE EMOTIONALLY HEALTHY PASTOR

John Ortberg  
Richard Blackmon  
H.B. London, host

## Live Via Satellite

**“Health of the pastor, health of the church.”**

The spiritual and emotional health of pastors, and how that relates to the health of their churches, is the focus of this live satellite broadcast on CCN. John Ortberg, Rick Blackmon, and H.B. London look at how pastors can become emotionally healthy.

### **The broadcast will help you understand the importance of:**

- Intentionally focusing on emotional growth in the midst of difficulties
- Setting healthy boundaries in ministry
- Differentiating serving people from pleasing people
- Assessing emotional health (by looking below the surface, breaking the power of the past, living in brokenness and vulnerability, living with limits, embracing grief and loss, and making incarnation your model for ministry)
- Having practical strategies for self-care
- And much more

Make an appointment for this emotional check-up.

### **Who Should Attend:**

- Senior Pastors
- Associate Pastors
- Youth Pastors
- Pastoral Staff
- Leadership Teams

**John Ortberg** is the Senior Teaching Pastor at Menlo Park Presbyterian Church and the author of *Everybody's Normal Until You Get to Know Them*; *If You Want to Walk on Water, You've Got to Get Out of the Boat*; and *The Life You've Always Wanted*.

**Richard Blackmon** is an adjunct professor at Fuller and has a clinical practice specializing in adult and marital psychotherapy with a primary emphasis on the mental health of ministers and their families.

**H.B. London** is the Vice President of Ministry Outreach/Pastoral Ministries for Focus on the Family, serving as a “pastor to pastors.” He has co-authored *Pastors at Risk*, *The Heart of a Great Pastor*, and *They Call Me*.



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