



**CCN LEADERSHIP TRAINING SERIES
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**How People Grow in Small Groups:
The Theology of a Small Circle**

Dr. Henry Cloud, Ph.D.
Clinical Psychologist and Author

1. God's Surprising Plan For Growth

A. The False Hope

B. The Real Thing

2. The Universal Benefits

A. Connectedness

B. Integration

C. Sanctification

D. Universal Normalization

3. The Complete Makeover

4. The Ingredients That Make It Work

A. Grace

B. Truth

C. Time

5. The Elements He Provides

A. Connection

B. Discipline and Structure

C. Accountability

D. Grace and Forgiveness

E. Support and Strengthening

F. Mentoring the Whole Person

G. Grieving

H. Healing

I. Confrontation, Containing Sin, Administering Truth

J. Modeling

K. Imperfection Detoxification

L. Discipleship

6. Your Specific Job To Do

A. Examine Your Own Theology

B. Find Ways to Deliver Grace, Truth and Time

C. Teach the Importance of Plan A

Bibliography

- *How People Grow* by Dr. Henry Cloud
- *Changes That Heal* by Dr. Henry Cloud
- *Boundaries* by Dr. Henry Cloud
- *Boundaries in Marriage* by Dr. Henry Cloud
- *Boundaries in Dating* by Dr. Henry Cloud
- *Boundaries With Kids* by Dr. Henry Cloud
- *Raising Great Kids* by Dr. Henry Cloud

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